

Register for a user account on Highmark's website

www.highmarkbcbs.com

PARTICIPATE IN DRIVEN TO WELLNESS AND SAVE ON YOUR 2023 HEALTHCARE COSTS

Both you and your spouse must complete the following requirements before September 30, 2023 to qualify for the 2024 healthcare costs with the lost cost sharing. The exam must include:

Blood Pressure

Height/Weight

Lipid Panel or Cholesterol or Fasting Blood Glucose

Urinalysis, Comprehensive Metabolic Panel and/or Complete Blood Count (CBC) are not required as part of your preventive exam and ARE NOT covered as routing services

Please note: as of 3-1-18, PSA's ARE a covered benefit but ARE NOT required as a part of your preventive exam.

PLEASE CONTACT THE FUND OFFICE DIRECTLY FOR QUESTIONS ON WELLNESS!! 412 363 2700

AS A MEMBER OF THE EMPLOYMENT PARTNERS BENEFITS FUND YOU HAVE A DEDICATED HEALTH ADVOCATE

JOSHUA T. PASCAZI

EMAIL JOSHUA.PASCAZI@HIGHMARK.COM

TOLL-FREE 1-844-576-1245

WE CAN HELP YOU:

- *Choose an In-Network Doctor*
- *Select the right specialty (Family Practice, Pediatrics, OB-GYN)*
- *Assist in getting your medical records transferred*

TIPS FOR FINDING A DOCTOR:

- *Think about convenience (location, weekend, evening hours)*
- *Length of time to schedule an appointment*

COST SAVING:

Tools available on the Highmark website for improved healthcare utilization and price transparency.